ARE YOU NOT JOYFUL...BE THANKFUL!!!
by Julana Q. Whitlow

Several studies have been done that show that the happiest people are those who have a thankful heart. Let me interject here that the thankfulness is not dependent upon circumstances, but upon the attitude of the person involved.

*Psalms 50:23a* tells us, "Those who bring thanksgiving as their sacrifice honor me;" As Christians, we are instructed to not only be thankful for our many blessings, but to present our thankfulness to God as a sacrifice. And here is where I have found another wonderful quality of our Creator…even though He calls it a sacrifice on our part, we are the recipients of joy and peace when we are obedient to this commandment!

The same can be said for another sacrifice that we are to offer to God. *Hebrews 13:15* “Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name.” When we are truly obedient to this command, hopefully God is blessed by us, but in return we are blessed beyond anything we deserve in receiving joy and peace beyond our understanding! I have found that we can never out-give God. His ways are amazing!

God bless you, and please remember to live in His Presence!

*John 3:16*